



2025 MATA Annual Meeting and Symposium
 “Improving the Healthcare Landscape for Athletic Trainers and Their Patients”

Saturday 8am-3:00pm (5.75 CEU hours)

Time	Session	Speaker	BOC Practice Domains	Level of Presentation
7:00am – 8:00am	Registration & Breakfast/Bloody Mary Bar (American Foyer A)			
8:00am - 8:05am	Welcome	Ryan Hedwall MA, LAT, ATC, OTC, BCS-O MATA Vice President		
Pediatric Athletic Injuries (American Salon A)				
8:05am – 8:30am	“Do Not Miss” injuries in pediatrics	Pamela Lang MD Shriners Hospital	1	Advanced
8:30am – 8:55am	Growth Plate Fractures in the Adolescent Athlete: Now What?	Heather Bergeson MD TRIA	4	Advanced
8:55am - 9:05am	Q&A (QR Code)			
9:05m – 9:30am	Non-Accidental Pediatric Injuries	McKayla Schmitt MD TRIA	3	Essential
9:30am – 9:55am	The Next G.O.A.T.: How Sports Specialization Impacts the Adolescent Athlete (Elbow)	Deb Bohn MD University of Minnesota	1	Advanced
9:55am - 10:05am	Q&A (QR Code)			
10:05am - 10:25am	Break			
Cardiovascular & Musculoskeletal Health (American Salon A)				
10:25am - 10:50am	Athlete's Heart and Vaccine Associated Myocarditis	Darrell Newman MD Mayo	1	Advanced
10:50am - 11:15am	Caffeine & Energy Drinks Associated Cardiac Arrhythmias	Elizabeth Klodas MD, FAAC Preventive Cardiology	2,3	Advanced
11:15am - 11:25am	Q&A (QR Code)			
11:25am - 11:50am	When Is Enough, Enough? Strength & Conditioning Associated Rhabdomyolysis	Eric Twohey MD Mayo	4	Advanced
11:50am - 12:15pm	Exertional Sickling in the Athletic Population: How to Manage Exercise Load	Tyler Williams ATC Minnesota Vikings	1	Advanced
12:15pm - 12:25pm	Q&A (QR Code)			
12:25pm – 1:00 pm	Lunch (American Foyer A)			

Injury Management
(American Salon A)

1:00 pm – 1:35 pm	Environmental Injuries	Blaine Birtzer MS, ATC Hamline University	2,3	Essential
1:35pm - 1:40pm	Q&A (QR Code)			
1:40pm - 2:15pm	Meniscal Injuries	Jacob Ristow MD University of Minnesota	3	Advanced
2:15pm - 2:20pm	Q&A (QR Code)			
2:20pm - 2:55pm	Preventing Burnout	Allie Wagener PhD, LP Achieve Performance Psychology	1, 5	Essential
2:55pm -3:00pm	Q&A (QR Code)			
3:00 pm	Adjourn			